

H A P P Y  
*Easter*



*the mindz eye*

## **OPENING UP YOUR PSYCHIC ABILITY**

**I was trying to think of what topic would interest you and I realized that opening yourself up is the most common question. You also have let me know that it is an interest because the Psychic development class was so successful, that I am doing it every month. Psychic Detective class is also very popular.**

**Anyone that takes any class involving opening up knows that clearing your energy field is something that I discuss so off that I feel like I am a broken record (cliché for those old enough to remember vinyl). We all need to clear out our “stuff” if we want to see, sense or feel energy or information coming from other dimensions. Deep breathing, meditating, yoga and other holistic practices will all open up your third eye. Reading anything on the subjects will put out into the universe that you are ready. A great book to start the process is “The Celestine Prophecy” by James Redfield. He has written other prophecies that are good as well. I began to open up by reading the series of Lynn Andrew’s books starting with “Medicine Woman”. Understanding my religious beliefs vs. my spiritual beliefs was helped my reading “I Remember Union” by Flo Aeveia Magdalena.**

**Another method to open up your psychic ability is to get a deck of Tarot cards and draw 3 cards every day and see how it relates to your day. This will allow your helpers on the other side to give you references psychically. If you are talking to a friend that seems upset and you see a scene from your life, the chances are that they are going through something similar.**

**Buy yourself a gift of a pendulum. Ask the pendulum to show you what movement is a yes and what movement means no. Then ask a question that you know the answer and see how it works. Now ask a question that you will know if it is correct in the very near future. This is fun and opens up the side of your brain that gets psychic information.**

**Wishing you all a beautiful and positive Spring**

**Love and Light  
Patti**

# Meet the Practitioners

**Patti McGarrahan ~ Owner of The Mindz Eye.**

**Psychic Medium. Instructor -**

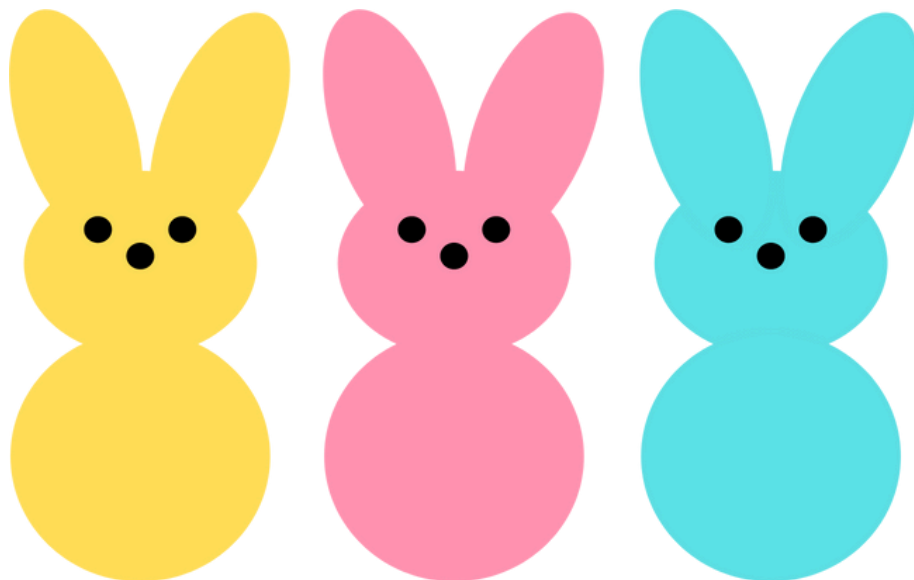
**Hypnosis, Reiki, Karuna, Tarot, Psychic  
Development/ Mediumship**

**Miss Daisy ~ Psychic Medium and Tarot**

**Master. Miss Daisy is a natural born psychic  
medium who has been**


**immersed in metaphysical studies for over 25  
years.**

**John Gavin ~ massage therapist**



# 03


# MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 6:30 Sound Bath	4	5	6	7 6:30 Meditation	8
9	10	11	12	13	14 6:30 Fenshui Money	15
16	17 	18 6:30 Messages from Heaven	19 6:30 Development Circle	20	21	22
23	24	25	26	27	28 6:30 Chair Yoga	29 10-3:30 Mediumship
30	31					



# 04

# APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 6:30 Psychometry	3	4 6:30 Meditation	5
6	7 6:30 Sound Bath	8	9	10	11	12
13	14	15	16	17	18	19
 20	21	22	23 6:30 Development Circle	24	25	26
27	28	29 6:30 Psychic Dinner	30 6:30 Psychic Detective			

