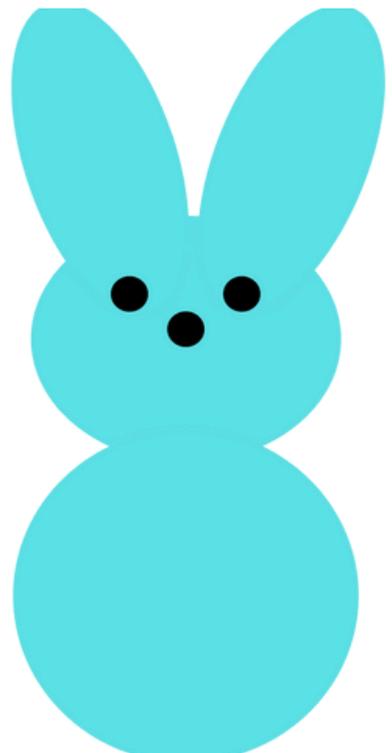
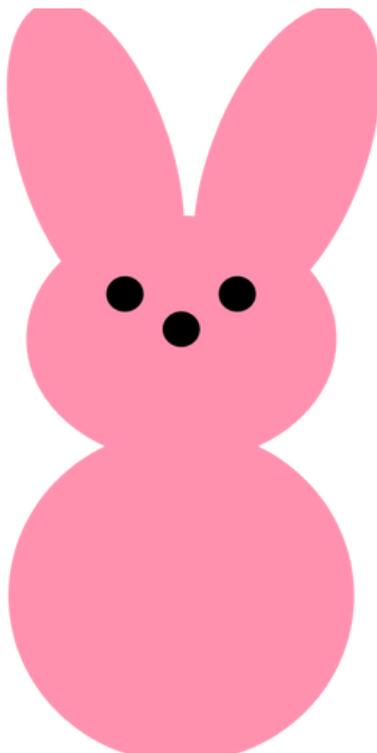
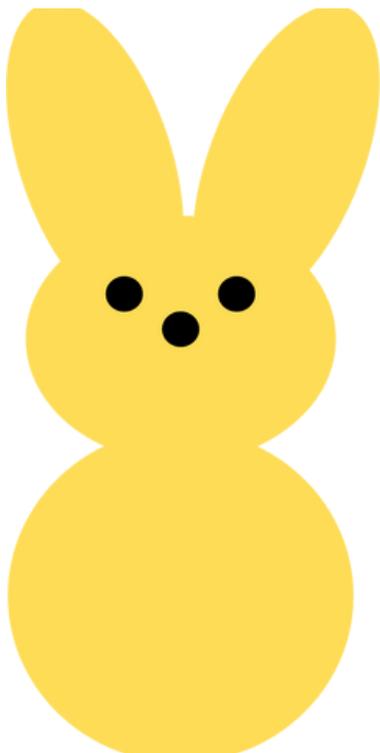




March- April

the mindz eye



Spring Cleaning Yourself

One of my husband's favorite saying was that the definition of insanity is doing the same thing over and over and expect different results. Even though I use to tease about him regularly at The Mindz Eye, he was so right. (He is laughing in heaven) Often people want changes in their life without making the changes within themselves. Most times love or a new job won't just come knocking on your door.

When I do readings, often lately I am explaining practices of clearing energy fields and releasing negativity. It is difficult to have a new loving relationship when you are holding on to hostility from an old one, not allowing yourself to heal. I can see that they will have an opportunity and now it is up to the person to do what they need to do to bring it to fruition. There is always the power of choice and you can choose to have good things come to you.

A simple change in attitude can bring happiness into your life. Put it out there and do things to make you happy. Watch a comedy, go with friends that are positive and laugh. Watch the interaction of children, play with a pet. As soon as your attitude changes, wonderful things will come into your life. Like energies attract like energies.

Whenever I am going through a difficult spell, I always know that once I see the humor in life, things turn around quickly. As soon as I turn things over and ask for my Spiritual Guides to help me let go of things that are out of my control, things heal and improve.

Chakra clearings, meditation and spending time in nature also help with this. Another great thing to do is to start cleaning your house.

Start with one closet and get rid of things that no longer serve you. If a year or more has gone by and you have not used something, let someone have it that will be getting the use out of it. I have been doing an overhaul in my house and the changes are starting to open up for other things in our life. You want to make room for the new, so you have to release the old.

Spring is upon us and may the flowers and the birds of the Spring send love and happiness your way. Clear out the Winter darkness and make room for the light of the new season.

Love and Light

Patti

Meet the Practitioners

Patti McGarrahan ~ Owner of The Mindz Eye. Psychic Medium. Instructor -

**Hypnosis, Reiki, Karuna, Tarot, Psychic Development/
Mediumship**

Miss Daisy ~ Psychic Medium and Tarot Master. Miss Daisy is a natural born psychic medium who has been immersed in metaphysical studies for over 25 years.

MARCH

2026

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6:30
Sound
Bath

6:30
Medatation
Night

8

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11

12

13

14

6:00
Psychic
Dinner

2:00
Saltitudes
mediumship
gallery

15

16

17

18

19

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21

6:30
Development
Circle

22

23

24

25

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27

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6:30
trance class

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30

31

APRIL

2026

SUN

MON

TUES

WED

THURS

FRI

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6:30
Medatation
Night

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6:30
Sound
Bath

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18

6:00
Psychic
Dinner
TEDs

6:30
Development
Circle

19

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6:30
Paint +
Medatation

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6:30 psychic
detective