



September-October

the mindz eye



Becoming Your True Self



We all have so many responsibilities that it's hard to find our true self, never mind be our true self. Many of my clients are going through a transition at this time, trying to find themselves, trying to find a career that they love and trying to remove the negativity out of their lives.

I have been working on this for years and as of 2018, I began working at The Mindz Eye full time. It was very exciting and a little scary at the same time. Every time I question my decision, Spirit put something in front of me to let me know that I am on my path and it is my time. Listen to Spirit and begin to make your own plans. When things begin to fall into place, you know that you are on the right path. If things are difficult, listen to your own intuition.

I have medical, legal, secretarial and blue collar workers all saying that they need to find a profession that they are passionate about. We work so many years, wouldn't it be great to go to work excited. Meditate and ask Spirit to let you know what the first few steps are to put your life in the right direction. Once you put the intention out there, it is amazing how things begin to line up.

I do like to caution people, not to jump forward and think that Spirit will take care of you. The work and the steps are part of your lessons in this life. If you do have to stay in a negative situation while working your game plan out, make sure that you clean your chakras and cut any cords attached. I do this at least once a week and occasionally I ask my Angels to clear them. The regulars at The Mindz Eye know that I stress this at most of the classes that I teach. A friend of mine needs to stay at a job with some negative people and she meditates during the snooze alarm in the morning picturing mirrors facing outward and protecting her from the negativity.

A script that I channeled called Dream Your Reality has helped me and I have used with clients during Hypnosis sessions. Hypnosis and Meditation (a form of hypnosis) can help you if you are having trouble manifesting things yourself.

I wish you all to find your passion and bring it yourself. Anything that I can do, or The Mindz Eye, let me know.



Love and Light

Patti

Meet the Practitioners

Patti McGarrahan ~ Owner of The Mindz Eye. Psychic Medium. Instructor -

Hypnosis, Reiki, Karuna, Tarot, Psychic Development/ Mediumship

Miss Daisy ~ Psychic Medium and Tarot Master. Miss Daisy is a natural born psychic medium who has been immersed in metaphysical studies for over 25 years.

SEPTEMBER

2026

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4 6:30 Medatation Night	5
6	7	8 6:30 Sound Bath	9	10	11	12
13	14	15	16 6:30 Development Circle	17	18	19
20	21	22	23 6:30 psychic detective	24	25	26
27	28	29 6:00 Psychic Dinner	30			

OCTOBER

2026

SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2	3
4	5	6 6:30 Sound Bath	7	8	9 6:30 Medatation Night	10
11	12	13	14 6:30 trance	15	16	17 2:00 Saltitudes mediumship gallery
18	19	20 6:00 Psychic Dinner	21 6:30 Development Circle	22	23	24
25	26	27	28	29	30	31